

WESSEX-OXFORD NEONATAL NUTRITION STUDY DAY

Course Director: Mark Johnson

Consultant Neonatologist Princess Anne Hospital Southampton

Date-15th November 2018

Venue: Room LF8, University Hospital NHS Trust, Southampton

Session 1: Improving Growth and Nutrition for Extremely preterm infants

0900 Optimal patterns of growth for preterm infants
Dr Mark Johnson, Consultant Neonatologist

0945 Breast milk: composition, microbes and donor milk
Professor Nick Embleton, Professor of Neonatal Medicine, University of Newcastle

1030 Coffee

1100 Optimising Parenteral nutrition for Preterm Infants- new guidance and approaches
Suzannah Hibberd, Neonatal Pharmacist/ Dr Mark Johnson, Consultant Neonatologist

1145 Trace elements for neonates
Dr Mark Johnson, Consultant Neonatologist

1230 Lunch

Session 2: Late and moderately preterm infants

1330 Late and moderately preterm infants - does nutrition matter?
Professor Nick Embleton, Professor of Neonatal Medicine, University of Newcastle

1415 Improving nutrition and breast feeding around discharge, and the use of home breast milk fortifier
Dr Freya Pearson, Consultant Neonatologist

1500 Tea

Session 3: Beyond Discharge

1530 Management of short bowel syndrome in neonates
Professor Mark Beattie, Consultant Paediatric Gastroenterologist and Honorary Professor of Paediatric Gastroenterology and Nutrition

1615 Nutritional management of infants with complex congenital heart disease
Dr Luise Marino, Clinical Academic Paediatric Dietitian

1700 Summary and closing remarks
Dr Mark Johnson, Consultant Neonatologist

1715 End